 **Impact measurement guide to scaling**

Listed below is a guide to help you identify what score you / the family should provide for each of the domains considered in the assessment and plan.

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| **Health:** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * You are engaging with universal services (GP, school, health visitor etc) for both your children and yourself * You attend appointments at the dentist and doctor and immunisations are up-to-date * Your children are reaching all of their developmental milestones and are getting enough healthy food, sleep and exercise * You are giving your baby the best start in life and/or teaching older children to take care of their health, including sexual health * Your child has a disability which requires no extra support * Your child is physically healthy * You provide for your child’s physical needs – food, drink, appropriate clothing, medical, dental care | * Your child is taking longer to achieve some of their developmental milestones * Your child is missing some immunisations * You don’t always attend medical appointments * Your child has a disability which requires some support * There are worries about hygiene, diet and/or general physical health for child or parent * You require some advice on parenting issues * Professionals are starting to have concerns around your child’s physical needs being met – food, drink, appropriate clothing, medical and dental care |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child is not reaching / unlikely to meet developmental milestones * You are not registered with a GP/Dentist * Your child is missing most immunisations (not an informed choice) * Your children are consistently missing medical appointments and health advice is not followed which is significantly impacting on their health * There are ongoing worries re: hygiene, weight and self-care | * Your child is not meeting the majority of their development milestones * Your child’s unmet health needs cause them to be at risk of serious harm * Your child has no immunisation’s (not an informed choice) * You miss or cancel health appointments which is likely to cause serious harm to your child |

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| * You are experiencing things in your life which are impacting on you being able to meet you child’s physical needs – food, drink, appropriate clothing, medical and dental care * You are not engaging with some health services and this is affecting your child’s health and development * Your child has a disability which requires significant support * You are struggling with parenting and regularly need support and advice | * Your own needs are significantly impacting on your child’s health and development * You are not complying with treatment / medical plans and/or not seeking medical help/advice when needed * Your child has complicated needs relating to a disability which requires you to work with lots of services * You are unable to provide parenting that keeps your child safe |
| **Education:** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child is attending school / nursery / college and there are no issues with attendance or lateness * Is on-track to achieve age-appropriate educational potential * You have a good relationship with the school * You take an interest in your child’s education * You support and encourage your children’s learning * Your child has a SEND and is reaching their potential * Your child is engaged in education, employment or training post- 16 | * Your child is beginning to have poor attendance and / or is often late * Your child is not making expected progress and / or there is an unexplained change in progress * Your relationship with school/nursery could be improved * Your child has limited access to books / toys which help their learning * Your child is at risk of not accessing education, training or employment post 16 years |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child is regularly absent from school/nursery/college or at risk of exclusion * Your child has had some fixed term exclusions * Your child is significantly underachieving educational potential for their age (with or without an underlying SEND) * You have a poor relationship with the school * You have received support but are still struggling to support your child in terms of attendance, behaviour and progress * Your child is not accessing education, employment or training post 16 with limited or no qualifications | * Your child is permanently excluded from school and / or at risk of permanent exclusion * Despite previous support your child is still persistently non- attending school * Your child refuses to access education, training or employment and has limited qualifications * You show no interest in your child’s education and lack awareness of your responsibilities |
| **Emotional Development and Wellbeing:** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child has high self esteem/confidence eg they are confident in social situations and able to express themselves and their needs effectively * There are no concerns around self-harm, anxiety or depression * If you have mental health issues but this does not impact on the child * You have a good bond / attachment with your child and enjoy spending time with them * You feel that you give your children enough attention and encouragement * You are able to support your child with any difficulties they have so that they are able to cope with events as they happen * There are no issues with substance misuse (child / parent) * Your child has not suffered recent loss, bereavement or trauma | * Your child has low-self esteem and struggle to express themselves and their needs effectively * Your child has suffered from loss, bereavement or trauma but feels well supported by services or family * Your child finds it difficult to cope with stressful situations * There are low level concerns around self-harm, anxiety or depression for your child * You are worried that your child is starting to explore alcohol / drugs * If you have mental health issues this can sometimes affect your parenting * You can sometimes find it difficult to consistently give your child the attention, positive feedback or encouragement that they need * You feel you are mostly able to support your child with any difficulties they have so that they feel able to cope and deal with change * Alcohol or drug use is starting to become a worry |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child’s low self esteem has caused them to become isolated and they are unable to express themselves or their needs effectively * You are feeling anxious, depressed, hopeless or have a mental health problem that is not being treated appropriately which is affecting your ability to parent * Your child is self-harming, suffering from anxiety or depression and requires support from a specialist service | * There are serious concerns around your child’s mental health * Your child is self-harming and /or suffering from anxiety/depression and this is severely impacting on their health, wellbeing and safety * If you have a mental health issue that is significantly affecting your ability to parent |
| * You struggle to provide consistent parenting, despite support and are often critical of your child and/or find it hard to show them any warmth / affection * You often struggle to support your child with any difficulties they have and when things go wrong for them * You struggle to provide for your child’s basic needs as a result of your own substance use | * You can often be highly critical of your child and don’t give them enough attention, positive feedback or encouragement * Your own emotional and mental health means that you can’t respond to your child’s needs * Your child is persistently misusing drugs / alcohol and there is a serious risk to their safety * If you are misusing substances and this is significantly affecting your ability to parent and keep your children safe * You don’t recognise the impact of your own issues (substance use / mental health) on your child’s needs |
| **Family and Social Relationships:** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * You manage your child’s behaviour well * Positive role models are present in the child’s life * You feel well supported by friends and/or family * You are safe, your children are safe, you are not experiencing domestic abuse * Your child develops appropriate, positive relationships with peers and can receive support from family members * Your children know about safety issues appropriate to their age (bullying, crime, drugs, internet risks, sexual health etc.) * You are not effected by crime or anti-social behaviour (ASB) Or if you or your child has been involved in crime or ASB you can deal with this effectively * You can identify risks and are able to protect your child from harm | * You are struggling to manage your child’s behaviour * You have some support from family and friends * There has been a sudden change in your child’s behaviour and / or use of inappropriate/sexualised language * There are a lack of positive role models in your child’s life * Your child struggles to maintain positive relationships * There has been some exposure to domestic abuse * Parental stresses are starting to affect your ability to keep your child safe * Your child is beginning to have an involvement in ASB / is at risk of influence from a specific group (gang) involved in criminal activity * Your child has a lack of awareness around risk and personal safety |
|  | * Your child has caring responsibilities which is affecting their school attendance / achievements * You can have difficulty identifying risks and protecting your child from harm |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * You are regularly unable to manager/control your child’s behaviour * There are no positive role models in your child’s life * You have limited support from appropriate family and friends * Your child is unable to develop positive relationships with family   / peers and is becoming isolated   * There has been domestic abuse or you are currently experiencing domestic abuse * Your children have close friends who often find themselves in risky situations * Your child is associating with offenders, gangs and / or is exposed to criminal behaviour * Family members are involved /potentially involved in ASB/Crime * The people you and your family are mixing with have a negative influence (e.g. as a result of their substance use, involvement in criminal activity or inappropriate behaviour) * Your child is a young carer for a family member and these responsibilities are impacting on their school attendance, achievement, health and social interactions * You struggle to supervise your child and to keep your child safe despite previous support | * You have no control of your child’s behaviour * There are no friends or family to offer support * Your child has no positive relationships with peers and / or adults and is isolated as a result * There is in an increased involvement in criminal /gang related activities * There are recent/current incidents of domestic abuse * Your own mental health and / or substance use presents a serious risk of harm to your child and you cannot keep them safe * Your child is has inappropriate caring responsibilities that are seriously impacting on their school attendance, achievements, health and social interaction * Your child is at risk of serious harm due to a lack of parenting and supervision |
| **Housing, Income and Employment:** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your home is adequate and meets your needs and there are no threats of eviction / rent arrears | * Your home is adequate for your needs but there are outstanding repairs |
| * You are managing money well and not affected by debt * You are getting the benefits you are entitled to * You and / or your partner are in employment or training or undertaking voluntary work * Or if you are not in work you and / or your partner are trying to find a job or develop the skills needed to achieve this * You are reasonably settled where you live and can access transport and services | * You have some worries about managing your tenancy due to ASB, rent arrears, property conditions * You have money worries due to low/ irregular income or debt * You are struggling to access employment due to a range of barriers such as a lack of basic skills or other long-term difficulties * You are not actively engaged with education, training or back to work programmes but would like help to find out how you can do this |
| Or if you are not in work you and / or your partner are trying to find a job or develop the skills needed to achieve this   * You are reasonably settled where you live and can access transport and services | barriers such as a lack of basic skills or other long-term difficulties   * You are not actively engaged with education, training or back to work programmes but would like help to find out how you can do this |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your home is in a poor state of repair, is overcrowded or temporary * You have received an eviction notice and / or you have large rent arrears which is putting your family at risk of eviction * Serious debts / very low income is impacting on your ability to care for your child * You need help with budgeting skills to ensure you can meet the needs of your child * You are reliant on food banks and other charitable donations regularly | * You are homeless and / or live in a hostel * Your property is in a significant state of disrepair and is unfit to live in / places your child in danger * You are facing imminent eviction * You and / or your partner have serious barriers to accessing employment – criminal record, poor literacy / numeracy skills, substance use, disabilities, mental health, and / or you have never worked * Lack of income/debt is significantly affecting your ability to provide for your child’s basic needs * You have no access to public funds and / or others means of support and are not in receipt of benefits |
| **Presentation:** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child is able to care for themselves (age appropriate) in relation to feeding, dressing and independent living * Your child’s personal hygiene is good * There has been no change in your child’s peer group and your child is engaged in healthy relationships with their peers | * Your child’s personal hygiene is poor and is starting to become a problem * There are concerns about your child’s sexual health * Your child is slow to develop age appropriate self-care skills in relation to feeding, dressing and independent living * Your child sometimes finds themselves in risky situations * There is some evidence of your child using drugs / alcohol * There is no evidence of criminal activity * Your concerns for your child relate to ’normal’ teenage behavior |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Despite support from services your child’s hygiene is poor * Sexual behaviour is age inappropriate or unusual for child / young person * Your child is using IT inappropriately and has a preoccupation with the internet * Your child is associating with peers who are at risk of Child Exploitation * Your child is truanting / occasionally going missing | * They are receiving unexplained gifts / clothing * You are worried that they are dressing / behaving differently * They are pre-occupied with the internet and/or they are neglecting themselves due to other priorities such as drugs or alcohol * Despite support and advice your child is suffering persistent and severe personal hygiene issues * Your child’s sexual behaviour is potentially harmful to them * e.g. sexually active with many partners, being coerced into sexual activity * Your child is regularly going missing |