 **Impact measurement guide to scaling**

Listed below is a guide to help you identify what score you / the family should provide for each of the domains considered in the assessment and plan.

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| **Health:** |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * You are engaging with universal services (GP, school, health visitor etc) for both your children and yourself
* You attend appointments at the dentist and doctor and immunisations are up-to-date
* Your children are reaching all of their developmental milestones and are getting enough healthy food, sleep and exercise
* You are giving your baby the best start in life and/or teaching older children to take care of their health, including sexual health
* Your child has a disability which requires no extra support
* Your child is physically healthy
* You provide for your child’s physical needs – food, drink, appropriate clothing, medical, dental care
 | * Your child is taking longer to achieve some of their developmental milestones
* Your child is missing some immunisations
* You don’t always attend medical appointments
* Your child has a disability which requires some support
* There are worries about hygiene, diet and/or general physical health for child or parent
* You require some advice on parenting issues
* Professionals are starting to have concerns around your child’s physical needs being met – food, drink, appropriate clothing, medical and dental care
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| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child is not reaching / unlikely to meet developmental milestones
* You are not registered with a GP/Dentist
* Your child is missing most immunisations (not an informed choice)
* Your children are consistently missing medical appointments and health advice is not followed which is significantly impacting on their health
* There are ongoing worries re: hygiene, weight and self-care
 | * Your child is not meeting the majority of their development milestones
* Your child’s unmet health needs cause them to be at risk of serious harm
* Your child has no immunisation’s (not an informed choice)
* You miss or cancel health appointments which is likely to cause serious harm to your child
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| * You are experiencing things in your life which are impacting on you being able to meet you child’s physical needs – food, drink, appropriate clothing, medical and dental care
* You are not engaging with some health services and this is affecting your child’s health and development
* Your child has a disability which requires significant support
* You are struggling with parenting and regularly need support and advice
 | * Your own needs are significantly impacting on your child’s health and development
* You are not complying with treatment / medical plans and/or not seeking medical help/advice when needed
* Your child has complicated needs relating to a disability which requires you to work with lots of services
* You are unable to provide parenting that keeps your child safe
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| **Education:** |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child is attending school / nursery / college and there are no issues with attendance or lateness
* Is on-track to achieve age-appropriate educational potential
* You have a good relationship with the school
* You take an interest in your child’s education
* You support and encourage your children’s learning
* Your child has a SEND and is reaching their potential
* Your child is engaged in education, employment or training post- 16
 | * Your child is beginning to have poor attendance and / or is often late
* Your child is not making expected progress and / or there is an unexplained change in progress
* Your relationship with school/nursery could be improved
* Your child has limited access to books / toys which help their learning
* Your child is at risk of not accessing education, training or employment post 16 years
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| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child is regularly absent from school/nursery/college or at risk of exclusion
* Your child has had some fixed term exclusions
* Your child is significantly underachieving educational potential for their age (with or without an underlying SEND)
* You have a poor relationship with the school
* You have received support but are still struggling to support your child in terms of attendance, behaviour and progress
* Your child is not accessing education, employment or training post 16 with limited or no qualifications
 | * Your child is permanently excluded from school and / or at risk of permanent exclusion
* Despite previous support your child is still persistently non- attending school
* Your child refuses to access education, training or employment and has limited qualifications
* You show no interest in your child’s education and lack awareness of your responsibilities
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| **Emotional Development and Wellbeing:** |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child has high self esteem/confidence eg they are confident in social situations and able to express themselves and their needs effectively
* There are no concerns around self-harm, anxiety or depression
* If you have mental health issues but this does not impact on the child
* You have a good bond / attachment with your child and enjoy spending time with them
* You feel that you give your children enough attention and encouragement
* You are able to support your child with any difficulties they have so that they are able to cope with events as they happen
* There are no issues with substance misuse (child / parent)
* Your child has not suffered recent loss, bereavement or trauma
 | * Your child has low-self esteem and struggle to express themselves and their needs effectively
* Your child has suffered from loss, bereavement or trauma but feels well supported by services or family
* Your child finds it difficult to cope with stressful situations
* There are low level concerns around self-harm, anxiety or depression for your child
* You are worried that your child is starting to explore alcohol / drugs
* If you have mental health issues this can sometimes affect your parenting
* You can sometimes find it difficult to consistently give your child the attention, positive feedback or encouragement that they need
* You feel you are mostly able to support your child with any difficulties they have so that they feel able to cope and deal with change
* Alcohol or drug use is starting to become a worry
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| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child’s low self esteem has caused them to become isolated and they are unable to express themselves or their needs effectively
* You are feeling anxious, depressed, hopeless or have a mental health problem that is not being treated appropriately which is affecting your ability to parent
* Your child is self-harming, suffering from anxiety or depression and requires support from a specialist service
 | * There are serious concerns around your child’s mental health
* Your child is self-harming and /or suffering from anxiety/depression and this is severely impacting on their health, wellbeing and safety
* If you have a mental health issue that is significantly affecting your ability to parent
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| * You struggle to provide consistent parenting, despite support and are often critical of your child and/or find it hard to show them any warmth / affection
* You often struggle to support your child with any difficulties they have and when things go wrong for them
* You struggle to provide for your child’s basic needs as a result of your own substance use
 | * You can often be highly critical of your child and don’t give them enough attention, positive feedback or encouragement
* Your own emotional and mental health means that you can’t respond to your child’s needs
* Your child is persistently misusing drugs / alcohol and there is a serious risk to their safety
* If you are misusing substances and this is significantly affecting your ability to parent and keep your children safe
* You don’t recognise the impact of your own issues (substance use / mental health) on your child’s needs
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| **Family and Social Relationships:** |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * You manage your child’s behaviour well
* Positive role models are present in the child’s life
* You feel well supported by friends and/or family
* You are safe, your children are safe, you are not experiencing domestic abuse
* Your child develops appropriate, positive relationships with peers and can receive support from family members
* Your children know about safety issues appropriate to their age (bullying, crime, drugs, internet risks, sexual health etc.)
* You are not effected by crime or anti-social behaviour (ASB) Or if you or your child has been involved in crime or ASB you can deal with this effectively
* You can identify risks and are able to protect your child from harm
 | * You are struggling to manage your child’s behaviour
* You have some support from family and friends
* There has been a sudden change in your child’s behaviour and / or use of inappropriate/sexualised language
* There are a lack of positive role models in your child’s life
* Your child struggles to maintain positive relationships
* There has been some exposure to domestic abuse
* Parental stresses are starting to affect your ability to keep your child safe
* Your child is beginning to have an involvement in ASB / is at risk of influence from a specific group (gang) involved in criminal activity
* Your child has a lack of awareness around risk and personal safety
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|  | * Your child has caring responsibilities which is affecting their school attendance / achievements
* You can have difficulty identifying risks and protecting your child from harm
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| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * You are regularly unable to manager/control your child’s behaviour
* There are no positive role models in your child’s life
* You have limited support from appropriate family and friends
* Your child is unable to develop positive relationships with family

/ peers and is becoming isolated* There has been domestic abuse or you are currently experiencing domestic abuse
* Your children have close friends who often find themselves in risky situations
* Your child is associating with offenders, gangs and / or is exposed to criminal behaviour
* Family members are involved /potentially involved in ASB/Crime
* The people you and your family are mixing with have a negative influence (e.g. as a result of their substance use, involvement in criminal activity or inappropriate behaviour)
* Your child is a young carer for a family member and these responsibilities are impacting on their school attendance, achievement, health and social interactions
* You struggle to supervise your child and to keep your child safe despite previous support
 | * You have no control of your child’s behaviour
* There are no friends or family to offer support
* Your child has no positive relationships with peers and / or adults and is isolated as a result
* There is in an increased involvement in criminal /gang related activities
* There are recent/current incidents of domestic abuse
* Your own mental health and / or substance use presents a serious risk of harm to your child and you cannot keep them safe
* Your child is has inappropriate caring responsibilities that are seriously impacting on their school attendance, achievements, health and social interaction
* Your child is at risk of serious harm due to a lack of parenting and supervision
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| **Housing, Income and Employment:** |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your home is adequate and meets your needs and there are no threats of eviction / rent arrears
 | * Your home is adequate for your needs but there are outstanding repairs
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| * You are managing money well and not affected by debt
* You are getting the benefits you are entitled to
* You and / or your partner are in employment or training or undertaking voluntary work
* Or if you are not in work you and / or your partner are trying to find a job or develop the skills needed to achieve this
* You are reasonably settled where you live and can access transport and services
 | * You have some worries about managing your tenancy due to ASB, rent arrears, property conditions
* You have money worries due to low/ irregular income or debt
* You are struggling to access employment due to a range of barriers such as a lack of basic skills or other long-term difficulties
* You are not actively engaged with education, training or back to work programmes but would like help to find out how you can do this
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| Or if you are not in work you and / or your partner are trying to find a job or develop the skills needed to achieve this* You are reasonably settled where you live and can access transport and services
 | barriers such as a lack of basic skills or other long-term difficulties* You are not actively engaged with education, training or back to work programmes but would like help to find out how you can do this
 |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your home is in a poor state of repair, is overcrowded or temporary
* You have received an eviction notice and / or you have large rent arrears which is putting your family at risk of eviction
* Serious debts / very low income is impacting on your ability to care for your child
* You need help with budgeting skills to ensure you can meet the needs of your child
* You are reliant on food banks and other charitable donations regularly
 | * You are homeless and / or live in a hostel
* Your property is in a significant state of disrepair and is unfit to live in / places your child in danger
* You are facing imminent eviction
* You and / or your partner have serious barriers to accessing employment – criminal record, poor literacy / numeracy skills, substance use, disabilities, mental health, and / or you have never worked
* Lack of income/debt is significantly affecting your ability to provide for your child’s basic needs
* You have no access to public funds and / or others means of support and are not in receipt of benefits
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| **Presentation:** |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child is able to care for themselves (age appropriate) in relation to feeding, dressing and independent living
* Your child’s personal hygiene is good
* There has been no change in your child’s peer group and your child is engaged in healthy relationships with their peers
 | * Your child’s personal hygiene is poor and is starting to become a problem
* There are concerns about your child’s sexual health
* Your child is slow to develop age appropriate self-care skills in relation to feeding, dressing and independent living
* Your child sometimes finds themselves in risky situations
* There is some evidence of your child using drugs / alcohol
* There is no evidence of criminal activity
* Your concerns for your child relate to ’normal’ teenage behavior
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| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Despite support from services your child’s hygiene is poor
* Sexual behaviour is age inappropriate or unusual for child / young person
* Your child is using IT inappropriately and has a preoccupation with the internet
* Your child is associating with peers who are at risk of Child Exploitation
* Your child is truanting / occasionally going missing
 | * They are receiving unexplained gifts / clothing
* You are worried that they are dressing / behaving differently
* They are pre-occupied with the internet and/or they are neglecting themselves due to other priorities such as drugs or alcohol
* Despite support and advice your child is suffering persistent and severe personal hygiene issues
* Your child’s sexual behaviour is potentially harmful to them
* e.g. sexually active with many partners, being coerced into sexual activity
* Your child is regularly going missing
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